

Private Aid Association Bugout Bag Contents

Current Standard as of 1/20/08

Weapons Gear:

- Sidearm (G17 or Alternate)
- Holster (Your preference)
- Belt (Your choice - PAA Belt Preferred)
- Cleaning Kit (Kleenbore PocKit)
w/.38/.357/9mm hardware.
- CLP, .68 oz. plastic bottle
- 20 Cotton patches, .38/.357/9mm size
- 34 Rounds 9mm Ammunition Minimum In
Magazines (2x 17rd), 50 Rounds 9mm
Ammunition Maximum In Magazines (1x
17rd, 1x 33rd)

Clothing:

- 1 Pr BDU Pants, Black or Navy (Your
preference)
- 1 T-shirt, dark color, cotton, comfortably
fitting (Your choice, with or without
writing)
- 1 SET Long John Underwear,
Polypropylene, preferably neutral gray or
similar non-bright color
- 3 pr underwear (boxers or bicycle-style
pants, no speedos or tighty whities) (add 3
more pr underwear and at least 1 sport
brassiere for females)
- 6 pr socks (preferably polypropylene)
- 1 pr Jungle Boots, black or OD Green
(Your choice of color) to be rolled flat for
easy packing.
- Boonie Hat or other hat to keep off sun and
rain while hiking (Your choice)
- MPI Space All Weather Blanket
- 1 Cotton Washcloth or Shop Towel (Your
choice)
- 1 Microfilament cloth
- Towel (Sandard, felt, or microfilament,
your choice)

- 1 Sewing kit (pocket or other
compact/semicompact kit)
- 1 Jacket, Windbreaker Type
- Vest, Ranger or Photographer's, dark color,
large enough that bottom of vest reaches
bottom of front slash pocket on BDU pants
- 1 Pr Gloves, Work, Canvas

Water:

- Minimum 2 liters, Maximum 4 liters of
water -- Store-bought 1-liter bottles
acceptable.
- At LEAST 1 1-Quart Plastic Hiker's water
container (Military canteen, nalgene, or
equivalent, Max. 2)
- Water Purification Tablets - Cover pocket
sized (Max. 4)
- Steel Cup (Should fit/nestle with chosen
water container -Max. 2)
- Katadyn Hiker or Hiker Pro Water Filter
- Katadyn Micropur MP1 Water Purification
Tablets (Min. 1x30 pack, Max total 150
tablets)
- Pop Can Burner (runs on alcohol)
- 16oz 91 percent isopropyl alcohol
- Stove or other stand setup allowing cup to
be used for boiling and cooking
- Utensil of choice for cooking eating
(Including but not limited to: Hobo Tool,
Traditional Flatware Set, Camping
flatware set, Collapsible chopsticks,
Titanium Spork, Polycarbonate Sporkknife)

Food:

- 8 oz. Jerky in 4x 2oz. packets
- 8 powerbar/granola bar/trailbar type snacks
(your choice)
- 2x 5oz. packages of trail mix.
- 2.5 cups total minute rice in 5x 1/2 cup
sealable containers.
- 6 B-complex tablets (your choice)
- 6 Vitamin C tablets (your choice)
- 6 Multivitamin tablets (your choice)

Medical Gear:

- Hand Sanitizer, Purell, 0.5 oz
- Basic First Aid Kit

Firemaking Gear:

- Tinder Box (Waterproof)
- Tinder (Your choice)

Firestarters: (varies with your choice of options, choose at least 3)

- Magnesium bar firestarter
- Miniature butane lighter
- Waterproof container of strike-anywhere matches
- Emergency Striker
- Flint, Steel, Charcloth
- Piece of string, leather, or other cordage (for bowdrill fire)
- Wick lighter and fuel
- Magnifying glass
- Parabolic mirror

Toiletry Kit:

- Hand Sanitizer, Purell, 0.5 oz
- 4 oz. Camper's soap
- 3 "Camper Size" Toilet paper
OR
- 1 "Standard" Toilet paper roll, cardboard removed, mashed flat, in a ziploc baggie
- 1 pocket pack Kleenex
- 1 Toothbrush, Boy Scout type (takedown)
- 1 Tube of toothpaste, travel size
- 1 Safety Razor, preferably collapsible/travel
- 3 Blades for Safety Razor
- 1 Mirror for shaving/signaling
- 1 Pack handwipes ("Backpack Buddies" or equivalent)
- 1 Travel size Sunscreen, SPF 45 or higher
- 1 Travel size lip balm, with sunscreen, higher the better

Accessories, Light & Fragile:

- Sunglasses, Preferably polarized
- Secondary Flashlight, Mini-Maglite with LED Upgrade
- Weather Radio (May be combined with Tier 3 Commo Unit)
- Spare Bulbs, AA Mini-Maglite (on unlikely chance of LED mishap)
- Laminated Maps, set of three, Rand McNally, "SRL" - State, Regional, and Local or equivalent
- Primary Lensatic Compass for Navigation

Accessories, Heavy & Durable:

- Fox 40 Whistle
- Knife, Folding, Preferably Kershaw Ken Onion series
- Knife, Fixed Blade, preferably Buck, Ka-Bar, Kershaw, or other high-quality blade in bowie (clipped point) configuration
- Sheath, Fixed Blade Knife
- Sharpening Gear for Knife, preferably diamond lap and crock sticks, pocket size
- Batteries, AA, minimum 8, preferably Alkaline
- Pocket Entrenchment Tool, preferably camper's trowel or other lightweight option
- Primary Flashlight, preferably AA Mini-Maglite with LED upgrade and colored lens kit
- Handsfree device for Primary Flashlight, preferably Nite-Ize headband
- Multitool, must have pliers, your preference
- Secondary Compass for emergency navigation, your preference

Sleeping Gear:

- Vinyl Rain Poncho with grommets
- Fleece Blanket, 90" by 60"